Social Change Begins with Two is a collection of published and unpublished essays and conference lectures prepared by Jean-Marie Robine over the last ten years. Its release is a unique opportunity to be taken on a tour of his thought over the decade and its developments in areas ranging from philosophical issues to social concerns, clinical insights to political perspectives, without ever losing focus of Gestalt therapy, the thread unifying the collection. Following the author in his line of thought, readers can learn how Jean-Marie has explored some of the topics most dear to him, in which his insights have become key contributions over the last ten years to debate in the international Gestalt community. Robine is one of the most prominent theorists on the contemporary Gestalt therapy scene. For years he has developed a discourse that is firmly rooted in the epistemology of the paradigm, bringing forth new, stimulating figures that are a creative inspiration for his students and readers.

This book is a precious contribution to the Gestalt therapy community not only for the contents it conveys, but as an example of a paradigmatic model of inquiry—of how to develop Gestalt therapy theory and practice by drawing from various grounds and like-minded disciplines and channeling it all into the practice of psychotherapy and stimulating new thought, without ever losing the rigor of our foundational epistemology. The deliberate non-systematicity of the paths presented leaves matters open rather than closing them, encouraging readers to explore the outlines and suggestions provided by the author, in what is a rather effective way of not precociously closing the horizons that these pages throw open.

The author

Jean-Marie Robine, is a clinical psychologist since 1967, Gestalt-therapist and trainer. Founder and past director of Institut Français de Gestalt-thérapie (1980-2007), co-founder and past-president of European Association for Gestalt Therapy, full member of New York Institute for Gestalt Therapy. Jean-Marie was a student of Isadore From, who was among the founders of Gestalt Therapy. International trainer, author of many articles and 7 books about Gestalt Therapy. His previous book « On the Occasion of an Other » has been translated into 7 languages.
Foreword
Acknowledgments
Preface, by Gianni Francesetti

Part I - Backgrounds


Contact, at the Source of Experience 1. Pre- 2. With 3. Contact as Awareness 4. A Figure/Ground Relation 5. Inflections of Contacting 6. About Contact at the Contact-Boundary 7. Post Does the Now Have a Future?


Part II - Clinical Findings

Gestalt Therapy “and” Psychopathology. Nine Proposals for Approaching This “and”


Notes on Fear and Faith


Part III - Forms


Part IV - Being-With


Conclusion Next Paths To Be Explored…

The Man of the Situation

References