Absence is the Bridge between us
Gestalt Therapy Perspective on Depressive Experiences

Preface by Lynne Jacobs

“I am grateful for what I have learned from reading this book. Each author demonstrates that depressive experiences are field phenomena, contextually emergent and contextually supported, and affecting our environment. They are not isolated events, they are of a field. They emerge from contexts that support depressive experiences. The impoverished conditions ‘speak’ through the person who presents with depression.

The perspective this book offers gave me a more nuanced appreciation of the many experiences with depression that my patients and I have lived through. The foundational, even existential significance is clearer to me now. Our perseverance and emotional courage have been cast in a more profound light, which inspires my current work.

The combination of clinical insight and theoretical inspiration is breathtaking.”

From the Preface by Lynne Jacobs

Edited by Gianni Francesetti

Gianni Francesetti. Gestalt therapist, psychiatrist, international trainer and supervisor. Coordinator of the International Training Program and Director of the Master on Gestalt Therapy Approach to Psychopathology (Istituto di Gestalt HCC. Italy). President of the European Association for Psychotherapy, Past President of the Italian Federation of Psychotherapy Associations and of the Italian Society for Gestalt Therapy, member of the New York Institute for Gestalt Therapy, of the Association for the Advancement of Gestalt Therapy and of the Society for Psychotherapy Research. He lives and works in Turin (Italy) as psychotherapist, psychiatrist and supervisor.
Preface, by Lynne Jacobs

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